

**Instructor:** Dr. Afshin Vafaei

**Email:** [avafaei2@uwo.ca](mailto:avafaei2@uwo.ca)

**Office Hours:** Mondays 12:00 PM to 1:30 PM or by appointment

**Location:**

**Lecture Times:**

**Tutorials/group discussions:**

**Location:**

**Course Website:** <https://owl.uwo.ca/>

### **Prerequisite Checking**

Health Sciences 2711A/B; or registration in third or fourth year of the Honours Specialization or Specialization in Global Health Studies at Huron University College.

### **Course Description**

Chronic disease is a major burden for our health care system and an economic burden for Canada. This course will examine the prevalence of chronic disease, key factors associated with the significant increase

## **Textbook & Reading List**

**Mandatory textbook:** Remington RL. *Chronic Disease Epidemiology, prevention and Control*, 5<sup>th</sup> edition. APHA, 2023

### **Public Health Agency of Canada Resources**

a. Chronic Diseases:

<http://www.phac-aspc.gc.ca/cd-mc/index-eng.php>

b. Canadian Chronic Disease Surveillance System:

<https://health-infobase.canada.ca/ccdss/data-tool/>

### **World Health Organization; Chronic Diseases and Health Promotion:**

[https://www.who.int/chp/about/integrated\\_cd/en/](https://www.who.int/chp/about/integrated_cd/en/)

Additional readings will be posted in OWL. A main requirement is the arrangement for a strong internet connection for accessing online materials.

### **Class Schedule (subject to change):**

The three sections of this course are designed to systematically address issues related to chronic disease.

<b>Lecture Date</b>	<b>Topic(s) Covered</b>	<b>Required Reading (s)</b>
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<b>Section 1: Understanding Chronic Disease</b>		
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Week 1

Sep. 11 & 13,  
2023



## Missed Work

Attendance in all classes is **mandatory**, and it is not possible to provide equal opportunity for all students to make-up the missed classes. **All materials** covered in the classes are **testable**.

## Missed Exams

If you are too ill to write a quiz or you **must** document this either with a medical certificate (if available) or by notifying the instructor in writing (with your signature). If you are ill for an extended period of time, it is your responsibility to contact the instructor immediately on your return to campus.

Only **one** make-up time will be scheduled for missed midterm in the week after in the week of October 23-27, 2023. **TENTATIVE final examination make-up** dates in January 2024 will be provided when the Final Exam schedule is released in October.

## MARKS

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

It is anticipated that the course averages in years 1 through 4 grades will vary and this is the normative breakdown of average grades/year:

Year 1: 68-72

Year 2: 70-74 (core) and 72-76 (elective)

Year 3: 72-76 (core) and 74-78 (elective)

Year 4: 74-80

## POLICIES

### **Prerequisites**

meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available at <https://remoteproctoring.uwo.ca>.

### **Late assignments**

Assignments must not be missed unless there is a medical condition, family emergency, or other unforeseen circumstances. A note from your Physician indicating the nature of your condition must be submitted to the School of Health Studies Main Office, and only upon receipt of such a letter will instructors consider a new due date for an assignment. Late assignments may be docked a certain percentage per day, which is determined by the instructor.

### **Attendance and Classroom Behaviour (online and/or in-person)**

In the School of Health Studies, each course instructor sets specific expectations for attendance and participation that are specific to the course, teaching objectives, and learning outcomes. Regular attendance is expected and essential for all courses, but particularly those that include participation grades in their evaluation schemes. Participation means not only attendance, but active engagement in the class, including (for example) contribution to small and large group discussions, a demonstrated effort to prepare for class by completing assigned readings before class, and following the instructor's guidelines for use of electronic devices during class time. **Students who miss classes, or parts of classes, are responsible for the material they have missed. Instructors are not obliged to review the contents of missed lectures.**

### **Use of Recording Devices and Course Content**

**During Exams:** Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices during ANY tests, quizzes, midterms, examinations, or other in-class evaluations.

**During Lectures and Tutorials:** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. **Unless explicitly noted otherwise, you may not make audio or video recordings of lectures nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.**

### **Use of Plagiarism Checking Software**

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>).

### **Student Code of Conduct**

Code of Student Conduct defines the standard of conduct expected of students registered at The University of Western Ontario, provides examples of behaviour that constitutes a breach of this conduct, provides examples of sanctions that may be imposed, and sets out the disciplinary procedures that the University follows. Scholastic offences are taken seriously, and students are directed to read the appropriate policy, specifically, the d

## Academic Consideration

bility to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including short-term illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

(i) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or

(ii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to academic advising office in their Faculty of registration, in order to be eligible for academic consideration.

### Students seeking academic consideration

Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;

Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis;

**Must communicate with their instructors no later than 24 hours** after the end of the period covered by SMC, or immediately upon their return following a documented absence;

**Are advised that all necessary documentation, forms, etc. are to be submitted to academic advising office within two business days after the date specified for resuming responsibilities**

### Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://academicsupport.uwo.ca/>
2. Student Health -- <https://www.uwo.ca/health/>
3. -- <http://www.registrar.uwo.ca/>
4. Ombudsperson Office -- <http://www.uwo.ca/ombuds/>

### Health and Wellness

The undergraduate experience is rewarding and challenging socially, emotionally, and intellectually. Finding

more relaxed state.

If you are in emotional or mental distress should refer to Mental Health@Western [Mental Health Support - Health & Wellness - Western University \(uwo.ca\)](https://www.uwo.ca/mentalhealth/) for a complete list of options about how to obtain help or Thames Valley Family Services (