

The University of Western Ontario

HEALTSCI 3025B

INTEGRATIVE HEALTH

January 2023

Instructor: Michael Robinson PhD CAT(C) ATC

Lecture Location FNB1270

Email: mrobin7@uwo.ca

Office Hours: Wednesdays from 10:00 am to 3:00 pm. Appointments must be booked 24 hours in advance. <https://michaelrobinsonuwo.youcanbook.me/>

Communication: Please communicate any questions via email and allow for 72 hours for a response.

Lectures

There are two in-person lectures per week: Monday 12:30 – 1:30, Wednesday 2:30 – 4:30

Prerequisite Checking

Antirequisite(s): Former Health Sciences 4020A/B; Health Sciences 3091A, section 001 if taken in Fall 2011; Kinesiology 3372A, section 002 if taken in Fall 2011. Extra Information: 3 lecture hours.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees if you are dropped from a course for failing to have the necessary prerequisites.

Course Description

Integrative Health examines a variety of areas and issues concerning the broad field of integrative health. From an evidence-based perspective, the course explores integrative health domains and assesses the quantitative and qualitative evidence about these various forms of non-allopathic health practitioners including, but not limited to mind-body interventions, manual therapies, and herbal/pharmacological approaches to integrative health and lifestyle decision-making.

Statement on Multiple Choice Exams

Computer

Course Materials

All course materials will be posted to OWL in advance of lectures. A reading list will be posted on OWL during the first week of the course. Lecture slides are intellectual property of the course instructor; copying without permission is copyright infringement and can constitute plagiarism.

Attendance and Classroom Behaviour
In the School of

Schedule(Subject to change)

In-Person Schedule	Lecture
Monday, January 09, 2023	Introduction
Wednesday, January 11, 2023	Exploring Integrative Health
Monday, January 16, 2023	Exploring Integrative Health
Wednesday, January 18, 2023	The Science of Complementary and Alternative Medicine
Monday, January 23, 2023	The Science of Complementary and Alternative Medicine
Wednesday, January 25, 2023	The Science of Complementary and Alternative Medicine

Assignment

Critical Reflection Due: March 8 11:55 pm EST 20%

- You will write a critical

Statement on Academic Offences:

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf

Academic Consideration

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations, if it is to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

- (i) For medical absences, submitting a Student Medical Certificate (SMC) by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration; or
- (ii) For nonmedical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to academic advising office in their Faculty of registration, in order to be eligible for academic consideration.

Students seeking academic consideration:

- x Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;
- x Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for an SMC;
- x Are advised that all necessary documentation, forms, etc. are to be submitted to the academic advising office within two business days after the date specified for resuming responsibilities

Support Services:

There are various support services around campus and include, but are not limited to:

1. Student Development Centre <http://academicsupport.uwo.ca/>

2. Student Health <https://www.uwo.ca/health/>
3. Registrar's Office <http://www.registrar.uwo.ca/>
4. Ombudsperson Office <http://www.uwo.ca/ombuds/>

Health and Wellness:

technical requirements, is available on Western's Remote Proctoring website at:
<https://remoteproctoring.uwo.ca>

