

The University of Western Ontario
School of Health Studies
Health Sciences: Health Issues in Aging
HS2711B
January-April 2023

Instructor: Dr. Afshin Vafaei
Email: avafaei2@uwo.ca
Office Hours: Wednesdays 12:30 to 2:00 PM or by appointment
Location: Health Sciences Building – Room 215

TAs:
Marjan Saeedi - msaeedi4@uwo.ca
Mohammed Jwaied - mjwaied@uwo.ca
Nafisa Iffat Diya - ndiya@uwo.ca
Niharika Khanal - nkhanal@uwo.ca
Oluwakemi Olufunmilayo Oluwole - ooluwol@uwo.ca
For office hours, please email your teaching assistant directly

Lecture Times: Wednesdays 2:30-4:30
Location: Social Science Centre (SSC) – Room 2050
Tutorials: see the schedule below
Course Website: <https://owl.uwo.ca/>

Prerequisite Checking:

Minimum of 60% in each of Health Sciences 1001A/B and Health Sciences 1002A/B.

Course Description:

This course will examine, from an interdisciplinary perspective, fundamental issues associated with ageing and the complex interaction of physical, psychosocial, and environmental issues that influence the health and well-being of older adults.

Learning Objectives:

On completion of this course, students will be able to:

- a) provide students with an understanding of the multidisciplinary nature of issues related to health and aging at both the individual and population level.

Class Schedule (subject to change):

The issues related to marginalized older adults will be explored systematically in three sections.

Week/Date	Topic/Focus	Readings	Tutorial
Section 1. Status of Population Aging Today			
1: Jan. 11, 2023	Aging today	Chapter 1	
2: Jan. 18, 2023	Aging population	Chapter 3	
3: Jan. 25, 2023	Social aspects of aging, ageism	Extra, on OWL. p. 36-50 of Funk	
Section 2: Aging and Health			
4: Feb. 1, 2023	Physical health and aging	Chapter 5	
5: Feb. 8, 2023	Mental health and aging	Chapter 6	

Evaluation and Assignments:

By **March 2nd**, 2023, students will know 25% of their final grade.

Tutorial Activities: 20% of the overall grade

Students are already assigned to one of the 10 weekly tutorial times (please refer to the Western Timetable).

Students are expected to attend and participate actively in **all** tutorial activities. Assigned Teaching

Assistants will facilitate and supervise the activities

Summary and Analysis Assignment: 20% of the overall grade

In this

Grade Policy:

The university-wide descriptor of the meaning of letter grades, as approved by Senate:

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work that is clearly above average
B	70-79	Good work, meeting all requirements and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	Fair work, minimally acceptable.
F	below 50	Fail

It is expected that the grades for this course will fall **between 70-74**. In the event that the course average falls outside this range, a constant may be added (or subtracted) from each student's grade, by the instructor, to bring the class average in line with school policy.