

The University of Western Ontario, School of Health Studies
HS2250 Section 650, Fall 2022
Introduction to Health Promotion
Distance

accommodate differing learning preferences. There are portions of this course for which additional online supports are provided, and portions where students are expected to use traditional aids only (i.e., lectures & independent reading).

Students are expected to engage with the course material for an additional week beyond the lectures to achieve optimum success. This engagement will include: assigning readings and resources; making study notes; studying material; participating in online practice quizzes; completing assigned online modules; reviewing lecture notes as needed; and communicating with course staff as needed.

Learning Outcomes: By the conclusion of the course, successful students will be able to:

- Understand and explain the evolution of health promotion in Canada
- Define health promotion and differentiate between health promotion and other related disciplines
- Define prominent health behaviour theories & models and identify their component parts
- Name and define the processes involved in developing, implementing, and evaluating health promotion programs
- Understand the importance of and apply equity principles in health promotion
- Apply health behaviour theories to real life scenarios
- Develop behaviour change strategies through application of course tenets

Class Hours: The asynchronous lectures will be recorded and uploaded to the course OWL site. Course units will be separated by week and each week will typically have lectures of varied lengths. See weekly lessons on OWL site for details of each week. An internet connection is a requirement for this course.

Required Course Readings

exactly what is required for each unit, when you click on “Weekly Lessons” on OWL, you will find all the details needed for each week and unit of the course.

Learning Resources

- Custom course textbook
- Custom course reading package
- Posted articles and other learning tools on OWL
- Recorded Lectures and content on OWL
- Public Health Ontario Evaluating health promotion programs: introductory workbook
- Online Modules, Practice Quizzes, & Forums on OWL

Prerequisite Checking: Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be removed from your record. This decision may not be appealed. You will receive no adjustment to your tuition in the event that you are dropped from a course for failing to have the necessary prerequisites.

Course Schedule (subject to change, as needed)

NOTE: The Readings & Resources listed below are in addition to the Lecture Content (do they not always cover the exact same things). Unless otherwise stipulated, you are responsible for the entirety of each reading. When you click on the “Weekly Lessons” on OWL, the requirements for each week are also provided – the table below offers a big-picture overview of the entire term)

Week	Date	Unit	Required Readings & Resources
1	Sept 8		<u>From the Custom Course Reading Package:</u> Chapter 1 (Rootman et al., 2017)
2	Sept 12	1: Introduction to Health Promotion Canada	Chapter 1 (Green et al., 2019) *Note: Unit 1 Lecture 3 identifies the specific content for which you are responsible regarding this chapter and Social Determinants of Health and Inequalities (Government of Canada, 2020)
3	Sept 19	2: Equity in Health Promotion	Implicit Bias: Peanut Butter, Jelly and Racism Implicit Bias Module 1

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Oct 3

Nixon, S.A. The coin model of privilege and critical allyship: Implications for health *Public Health* 19, 1637 (2019). <https://doi.org/10.1186/s12889-0197884-0197884>

32.5%, will take place on October 7th at 10:00 PM EST and will cover Units 1 & 2. The second midterm, worth 32.5%, will take place on November 7th at 7:00 PM EST and will cover Units 3 & 4. Each midterm will take place on the course. Each site midterm will last 90 minutes, and an additional 30 minutes will be added to the time (total of 2 hours) to accommodate the completion of tasks required when using the remote proctoring system. The dates and times were chosen based on the fewest possible conflicts with other courses. The final exams, worth 35% will be scheduled by the Registrar's Office and will cover Units 1

Remote Proctoring Examination Information:

Examinations in this course will be conducted using a remote proctoring service. Using remote proctoring allows for an exam experience more consistent with presence (e.g., you can go back and forth between questions vs it being a tightly timed a9 -26.46.009 Tw 16.0fi4(ng)lto

The Remote Proctoring Student Guide to Proctortrack can be found here:

https://remoteproctoring.uwo.ca/student_resources/Student%20Guide%20to%20Proctortrack

If you need to borrow a computer to support your ability to take exams for this or other courses, please reach out to examtr@uwo.ca

You must have a valid medical or compassionate reason for missing a scheduled examination (midterms and final), and documentation for your absence must be filed with the main office of the School of Health Studies (please see section below for performing academic consideration for medical illness or medical absences).

Following receipt of approved accommodation from the counselling office, a makeup examination is scheduled. Please note that makeup examinations will differ from scheduled examinations, and may include written/short answer components.

The University recognizes that a student's ability to meet their academic responsibilities may, on occasion, be impaired by extenuating circumstances, including illness or injury. Reasonable academic consideration is a cooperative process between the University, the student, and academic staff. All participants in the process must act in good faith, and fulfil their respective obligations to succeed.

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant as to temporarily render them unable to meet academic requirements, may submit a request for academic consideration through the following routes:

- (i) For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner, in order to be eligible for Academic Consideration.
- (ii) For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to academic advising office in their Faculty of Health Sciences registration, in order to be eligible for academic consideration.

constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information visit <http://www.uwo.ca/univsec/pdf/board/code.pdf>

Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate portions of the University Calendar, specifically, the definition of what constitutes a Scholastic Offence, at the following website: <http://www.uwo.ca/univsec/pdf/board/code.pdf>

A+	90100	One could scarcely expect better a student at this level
A	8089	Superior work that is clearly above average
B	7079	Good work, meeting all requirements and eminently satisfactory
C	6069	Competent work, meeting requirements
D	5059	Fair work, minimally acceptable.
F	below 50	Fail

As a year 2 core (vs elective) course within the School of Health Sciences, it is expected that the grades for this course will fall between 70-74%. In the event that the course average falls outside this range, a constant may be added (or subtracted) from each student's grade, by the instructor, to bring the average in line with school policy.

Rounding of Grades (for example, bumping a 79 to 80%):

This is a practice some students request. This practice will not be used. The edges of this course are clear and sharp. The mark attained is the mark you achieved and the mark assigned; there is no rounding to the next grade level, or giving away points. Please do not ask me to do this for you; the response will be please review the course where this topic is covered. In the same vein, you will not be permitted to do extra work, an extra assignment etc in order to improve any part of your grade.