



Western University  
Faculty of Health Sciences Rehabilitation Sciences  
RS1605A Rehabilitation Psychology Fall Term 2016

Instructor: Dr. Natascha Wesch  
Email: [nwesch@uwo.ca](mailto:nwesch@uwo.ca)  
Office Hours: By Appointment Only t Please email professor directly  
Lecture Hours: Wednesdays @ 6:30-9:30 PM in HSB 35 (0.5 credits)

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### Prerequisites Checking

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Unless you have either the requisites for this course (i.e., RESTRICTED TO STUDENTS IN REHABILITATION SCIENCE MODULES. OPEN TO YRS 3 & 4 BHSC AND YRS 3 & 4 KINESIOLOGY) or written special permission from your Dean to enrol in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites. Please refer to the current Western Academic Calendar at [www.westerncalendar.uwo.ca](http://www.westerncalendar.uwo.ca) for course requisites and pre-requisites.

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### Course Information

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The course will cover a range of applications of psychology in rehabilitation. Since the physical consequences of illness or injury are stabilized after acute medical treatment, psychology plays a unique role in the rehabilitation phase, where further progress may be determined by motivation and general psychological adjustments to recovery. These include the rehabilitation of traumatic brain injury, spinal cord injury, and sport injury. Also, topics such as pain management, cognitive retraining, and psychological adjustment to disability will be explored.

Objectives:

1. To introduce students to the field of rehabilitation psychology and the mind-body connection in the context of health rehabilitation.
2. To explore the rehabilitation psychology framework that includes cognitive and behavioural components, application, and research.
3. To develop a strong platform for understanding the application of theory to practice.

Students are expected to attend all lectures, read the assigned materials prior to class, participate in class discussions based on the assigned readings, and complete the assigned papers and presentations.

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### Course Materials

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Various research articles and readings are used for this course. All readings are available online through the University of Western Ontario library system, and posted on the course OWL site. Readings not available online will be made available from the instructor.





