

**THE UNIVERSITY OF WESTERN ONTARIO  
SCHOOL OF HEALTH STUDIES  
Faculty of Health Sciences**

**Enabling Health and Well-being through Occupation**  
RS 3125A  
Fall 2015

**Instructor:** Dr. Suzanne Huot, PhD, School of Occupational Therapy

**Contact information:** e-mail – [shuot2@uwo.ca](mailto:shuot2@uwo.ca); phone – ext. 81174; office – EC 2541

**Office hours:** The instructor will be available to meet Monday mornings from 10:00-11:00am in Elborn College, room 2541. Students can also request an appointment via e-mail.

**Class time and location:** Mondays, 11:30-12:30 and Wednesdays, 10:30-12:30, AHB



Oct. 7 & 14	Identity	<p>Exploring the relationship between occupation and identity</p> <p>Outlining the concept of 'occupational identity'</p>	<p>Laliberte Rudman, D. (2002). Linking occupation and identity: Lessons learned through qualitative exploration. <i>Journal of Occupational Science</i>, 9(1), 12-19.</p> <p>Unruh, A. M. (2004). Reflections on: "So... what do you do?" Occupation and the construction of identity. <i>The Canadian Journal of Occupational Therapy</i>, 71(5), 290-295.</p>
Oct. 19 & 21	<p>Transitions</p> <p><b>* Assignment topic due on the 19<sup>th</sup></b></p>	Exploring occupation during times of transition, as well as transitions to occupation	Jonsson, H., Josephsson, S., & Kielhofner, G. (2001). Narratives and experience in an occupational transition: A longitudinal study of the retirement process. <i>American Journal of Occupational Therapy</i> , 55(4), 424-432.
Oct. 28			

			<p>Dhillon, S., &amp; Dhiman, R. (2012). Client-therapist ethnic concordance: Helpful or harmful? <i>OT Now</i>, 14(1), 28-29.</p> <p>Valavaara, K. (2012). Finding my own path to travel: An Aboriginal student's journey in occupational therapy. <i>OT Now</i>, 14(1), 6-7.</p>
Nov. 11 & 16	<p>Gender and sexuality</p> <p><b>* Assignment due November 11</b></p>	<p>Considering gender and sexuality as part of occupational therapy practice</p> <p>Addressing the topics of sexual orientation and the relationship between sexuality and occupation</p>	<p>Sakellariou, D., &amp; Algado, S. S. (2006). Sexuality and occupational therapy: Exploring the link. <i>British Journal of Occupational Therapy</i>, 69(8), 350-356.</p>
Nov. 18 & 23	Occupational deprivation and possibilities	<p>Exploring the concepts of occupational deprivation and occupational possibilities</p> <p>Considering external limitations upon</p>	

RS 3125A

Enabling health and well-being through occupation

Dec. 2, 7 & 9	Occupational justice and human rights	Examining the concept of occupational justice	Nilsson, I., & Townsend, E. (2010). Occupational justice – Bridging theory and practice.38 Tm(withi)-3
	Course review and exam preparation	Linking this concept to others addressed within the course	

## **COURSE MATERIALS**

**Required readings** listed above are all available online through OWL.

*Recommended text:* Christiansen, C. H., & Townsend, E. A. (Eds.). (2010). *Introduction to occupation: the art and science of living* 2<sup>nd</sup> Edition. Upper Saddle River, NJ: Prentice Hall.

## **ASSIGNMENTS AND EVALUATION:**

### **A) PARTICIPATION (5% of total mark)**

Participation marks will be assigned for completion and submission of exercises that will be completed within class time or through OWL. The exercises will relate to the topic of focus within the lecture and will enable students to apply and further consider some of the concepts

3125A





3125A