

Faculty of Health

Thames Hall #16

Phone: 519-428

Office Hours: Thursdays, 8:00-10:00, or by appointment

e-mail: donmor@uwo.ca

Wed 12:30-1:20 UCC

Course web site is on O

Course TA: TA: Erin Ratelle eratelle@uwo.ca

edition at amazon.com is about \$49.00

2. Occasional readings announced in class and posted on OWL by Unit.

My Expectations of you:

This is a lecture, discussion, class participation, and group presentation senior level Undergraduate course. I regard the ultimate purpose of any University course to be one of fostering and engaging in critical thinking, in the case of this course, critical thinking about complementary, alternative, and integrative health systems and methods; all lectures, assignments, and exams are based on the critical thinking premise. **Doing the readings prior to each class is mandatory.**

Special Note: *** While the use of computers/notebooks for the purpose of note-taking **during class** is encouraged and permitted, the use of the internet, ipods, iphones, blackberries (and facsimile devices), email, texting, msn, face-book, twitter etc. is strictly prohibited **while in class.** ***

Assignments and Grading:

1. **Mid-term** examination, in class, Monday October 21st, in class, 30 % of final grade; make-up exam available for demonstrated conflict or illness (medical documentation must be submitted via your academic counselor).
2. **Evidence Assessment: Group Assignment & Presentation;** groups of 8-10 students, topics to be assigned, presentations beginning in **Unit VII**, ~ see **Assignment Description** below. Specific details and topics will be discussed and assigned in September; 30% of final grade;
3. **Final Examination**

pharmacological interventions. We will limit our discussion to herbal medicine, and unconventional drugs/vaccines.

Readings: Text: chapters 22 and 25

VII Integrative Approaches re Health Issues - in-class Group Presentations (Nov 13, 18, 20, 25 & 27) See assignment description below.

This section of the course examines the concept of integrative medicine with specific respect to current evidence about common health conditions/issues.

Readings: assignment submissions, posted on OWL from presentation groups.

VIII Synthesis (Dec 2 & 4)

We will be looking at synthesizing alternative approaches re pediatric care and women's health.

Readings: chapter 38

Assignment Description:

Evidence Assessment and Presentation (30%) - Group Written Assignment and Presentation Description

This is a group assignment with anywhere from 8 to 10 persons in each group, depending upon final class size; you will be put into a group at random. The basic concept of the assignment is this: in more traditional areas of health and medicine, integrative approaches are becoming more and more common. Your group's first task is to choose one (first come basis) of these areas – such areas as C-V health, Chronic fatigue syndrome, endocrinology; gastrointestinal, neurology, oncology, osteoporosis, otolaryngology, pain, pulmonary, psychiatry, rheumatology (or choose and ratify another health area with me) by 26 September. Next, from whatever secondary material you choose, find out what conventional or Western Medicine's recommended methods of treatment/s might be (from a broad perspective). Then, your job as a group is to use find out the “best” evidence re integrative treatment is for your condition in order to assess what is known about the use of integrative treatments from the perspective of current evidence. The next step is to devise a system to search databases to determine the best, perhaps most current, comprehensive assessment of the evidence. The main idea is to have each group write an analysis of the evidence (**maximum 20 pages**) *that could be understood by the general public*. As an example, if a relative with a non-health science background had Chronic Fatigue Syndrome and wanted to know her/his options for choosing alternative therapies/modalities, what should that person know in assisting him/her to make an informed decision. The format for that analysis and write-up is left to your group to create. **The written assignment is due Wednesday November 13th, in class and submitted to OWL. Note that your written assignments will be assigned readings, posted on OWL for unit VII for all students in the class. Late written assignments will be deducted 5% per day late.** Each group will present their findings in class on one of 4 dates between November 13-27 during **Unit VII** (see course modules above). You will have **20** minutes to present your findings in class. Grading will be 2/3 on the written portion and 1/3 on your presentation. The grade will be the same for all members of each group. This does mean each group faces considerable logistical and organizational challenges, just as you will face in the world of work after graduation; these challenges

are part of this assignment process. Finally, as a resource for some forms of integrative medicine, see the Natural Standards website at <http://naturalstandard.com/>

Course/University Policies

Lateness/Absences: Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified)

According to the **Examination Conflict policy**, “A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor.” **This policy does NOT apply to mid-term examinations.* There will be no make-up for the mid-term exam. Students who miss this exam with a valid reason will have the final re-weighted accordingly.

Classroom Behaviour: Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. I reserve the right to lock the classroom door and deny entrance if lateness becomes a common occurrence. Excessive talking during class time is disruptive, disrespectful, and will not be tolerated. Students engaging in such behaviour may be asked to leave the room. Cellular phones, pagers, and text-messaging devices are disruptive when they are used in class. If you must bring these with you, please place them on silent mode or turn them off during class. Failure to do so may result in your being asked to leave.

Laptops for the **purpose of typing lecture notes** are permitted in class, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behaviour (e.g., watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

*** **Plagiarism Policy:** Excerpted from Senate Regulations:

“Plagiarism: Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). The University of Western Ontario uses software for plagiarism checking. Students **may be required** to submit their written work in electronic form [to Turnitin] for plagiarism checking.”

Plagiarism in any form will not be tolerated in this course, and penalties will be assessed