

**Bachelor of Health Sciences Program  
The University of Western Ontario, London, ON, Canada**

**Health Sci 4090B – Health Promotion for People with Disabilities  
Winter 2011**

**1.0 Calendar**

### 3.0 Special Considerations

A special aspect of this course is that it will provide several opportunities for practical experiences. This will involve some sessions that require being held at Parkwood Hospital which houses the Southwestern Ontario Regional Rehabilitation Program. During these sessions there will be opportunities to interact with various Rehabilitation Professionals as well as individuals who are living with disability. It is expected that students provide their own transportation to Parkwood Hospital and class time may be adjusted slightly i.e. 3 minute delay to accommodate travel time. Parkwood connects with the University via the LTC Richmond bus line and a typical bus ride between the locations takes approximately minutes. Parking is also available at a cost of at Parkwood Hospital. There will be an in class attempt to facilitate ride sharing among students.

### 4.0 Course Reference Materials

All materials will be posted to the course website. Required readings will consist of pertinent articles from the scientific literature and will be posted at least week in advance of the week for which they are pertinent. Additional reference materials may be made available as the course progresses.

### 5.0 Evaluation

Evaluation Component	Date	Proportion of Final Grade
Mid term Exam	Feb /	
Course Project	Due Apr / In Class	
Final Exam Cumulative but with focus on material after mid term	TBA	

**Late assignments** A late assignment will be penalized by for each day or part of a day that it is late. For example, an assignment graded as / will have points deducted from the mark if handed in one day late and will be recorded as 3 / . There will be no exceptions.

**Preli inary Infor ation Course Project** This will consist of a group project n to prepare a proposal to develop a health promotion program targeted at people with disabilities. It will consist of a written element as well as a short in class presentation and is based on providing a real life experience of preparing a proposal to a granting agency that funds health promotion activities. More information will be available in the first few lectures.

### 5.0 General Course Schedule

Tentative

Topic / Activity	Date
Course Introduction Intro to Disability	Jan 3

Introduction to Rehab Health Promotion	Jan /
Rehabilitation A Practical Perspective	Jan /
Overview of Spinal Cord Injury and Secondary Conditions	Jan /
Barriers to Participation in Health Promotion Activities for People with Disabilities	Jan Feb /
Some Program Examples Using the Internet Physical Activity and Nutritional Programming in SCI	Feb 3 Feb /
<b>Mid-term Exam</b>	Feb /

Incomplete through the Dean's office for which the student will be required to provide acceptable documentation

If you feel that you have a medical or personal problem that is interfering with your work you should contact your instructor and the Faculty Academic Counseling Office as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a re-<sup>Final</sup>on