





controls. Significant improvements were revealed in the experimental group when compared to the controls on the energy, family role and mood parameters of the SS-QOL.

Kang et al. (2012) demonstrated significant differences on a number of measurements related to swallowing function in the experimental group when compared to a control group. Some limitations to the study include: relatively small sample size, tongue exercises were not targeted in isolation, patients with severe dysphasia and tracheostomies were excluded and a detailed description of the exercise protocols was lacking. VFSSs only





to assess the participant's functional swallowing abilities in the natural context. In addition, 3 out of the

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