

School of Kinesiology  
KIN 2230 – Introduction to Exercise Physiology  
Fall 2024

**Instructor:** Dr. Kevin Boldt  
**Office:** Thames Hall 4178  
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**Phone:** 519-661-2111 Ext.86957  
**Office Hours:** TBA

**Lab Instructor**  
1h/week virtual asynchronous lecture  
2h/every second week in-person lab

**Lectures:** TBA

**Laboratories:** in-person: [REDACTED]

Section	Day	Time
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***energy demand versus energy supply***” relationship with specific reference to how energy supply is maintained (or not (that’s when it gets most exciting)) at various exercise demands (intensities and durations).

**Lectures:**

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**Week**



**Pre-Laboratory Quizzes (1% each, total of 4%):** Students will be expected to prepare for their laboratory sessions by reading the assigned readings and protocols. Pre-

## Course/University Policies

The website for Registrarial Services is <http://www.registrar.uwo.ca>.

### 1. Email

In accordance with policy, the centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner.

### 2. Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the Academic Calendar ([westerncalendar.uwo.ca](http://westerncalendar.uwo.ca)).

#### Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly



within the window specified by the instructor. This applies to direct conflicts as well as “heavy load” conflicts (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request academic considerations with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the case of online tests and examinations, use of (e)10.6 ( ( p)10.5p9 ( t)-6.6 ( (,-)6.65 (l)2.6 (i)2.7 (c)-2

