

My Course Description

The student will become familiar with the latest theory and research from the following four domains (pillars).

A. Sport Psychology

- Motivation
- Personality
- Aggression
- Group Dynamics (Cohesion)
- Leadership
- Social Facilitation

B. Exercise Psychology

- Factors in exercise behaviour: Compliance and adherence
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Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.

Course/University Policies

- 1.

other in-class evaluations.

During Lectures and Tutorials: Although you are welcome to use a computer

counsellors in their home units, at their earliest opportunity. Academic counsellors may refer students to Accessible Education for ongoing academic

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

6. Online Proctoring

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide personal information (including some biometric data) and the session will be recorded. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available

In the case of perceived procedural unfairness, steps 2 and 3 are carried out within the Department and Faculty offering the course. In the case of extenuating medical or compassionate circumstances that impact on a grade, steps 2 and 3 are carried out within a student's Home Department and Faculty.

A request for relief against a mark or grade must be initiated with the instructor as soon as possible after the mark is issued. In the event that the instructor is not available to the student, or fails to