

Kin 4477B (Exercise, Nutrition , & Wellness)

Spring 2023

Instructor: PWR Lemon Office: 4170 Thames Hall Email: plemon@uwo.ca Office Hrs: 10:30-11:30 MWF or by appointment TAs: TBD	Lectures : 9:30-10:20am Location: SSC -2028 Spring 2023 Instruction Mode: In person
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Extra Information: 3 lecture/discussion group hours/wk.  
You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requie/The approval should then be forwarded to your

academic counsellor.  
Learning Outcomes/Schedule



1. The website for Registrarial Services is

material presented in a particular class. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures – nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

Personal Response Systems (“clickers”) may be used in some classes. For those classes in which we use this technology, it is your responsibility to ensure that the device is activated and functional. You must speak with the course instructor immediately, if you have any concerns about whether or not your clicker is malfunctioning.

You must use only your own clicker. For all components of this course in which clicker records are used to compute a portion of the grade:

- x The use of somebody else’s clicker in class constitutes a scholastic offence;
- x The possession of a clicker belonging to another student will be interpreted as an attempt to commit a scholastic offense

#### 4. Academic Considerations and Absences from Lectures and Assessments

##### ***Religious Accommodation***

When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should

with the University's Official Student Record Information Privacy Policy. Once the petition and supporting documents have been received and assessed, appropriate academic considerations shall be determined by academic counseling, in consultation with the student's instructor(s). Academic considerations may include extension of deadlines, waiver of attendance requirements for classes/labs/tutorials, arranging Special Exams or Incompletes, re-weighting course requirements, or granting late withdrawals without academic penalty. Academic considerations shall be granted only where the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. (Note – it will not be sufficient to provide documentation indicating simply that the student “was seen for a medical reason” or “was ill.”).

Whenever possible, students who require academic considerations should provide notification and documentation in advance of due dates, examinations, etc. Under no circumstances are students expected to submit rationales for (or documentation of) any absences, to course instructors. Students are, however, required to follow-up with course instructors, in a timely fashion, to identify the ways in 01o22 (i)-14 (c)h004 Tc -0.002 20 udentcourse e



available to the student, or fails to act, or if the matter is not resolved satisfactorily with the instructor, a written request for relief must be submitted to the Chair of the Department within three weeks of the date that the mark was issued. In the case of a final grade in a course, the written request for relief must be submitted to the Chair of the department by January 31<sup>st</sup> (for first-term half courses) or June 30<sup>th</sup> (for second-term half courses or full-year courses)

## 8. Support Services

### Health and Wellness:

Information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

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Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

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