

Western University
Faculty of Health Sciences
School of Kinesiology

**KIN 4437B - Medical Issues in Exercise and Sport
Winter 2021**

<p>Instructor: Dr. Lisa Fischer Office: 3M Centre Rm 1230 Email: dwhiting@uwo.ca Phone: 519-661-3011ext 88937 (Danielle) Office Hrs: by appointment</p> <p>TAs: @uwo.ca</p>	<p>Lectures: Wed 9:30am - 11:30am</p> <p>Instruction Mode: Online</p>
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NOTE: All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

Calendar Course Description (including prerequisites/anti-requisites):

An introduction to a very broad range of selected medical topics relating to the diagnosis, treatment and rehabilitation for the active individual ranging from the 'weekend warrior' to the elite or professional athlete. The medical topic focus will give students an exposure to various aspects of care as it related to exercise and sport participation.

Antirequisite(s): Kinesiology 4473A 2008-09 and 2009-10.

Prerequisite(s): [Kinesiology 2236A/B](#) and [Kinesiology 3336A/B](#).

Extra Information: 2 lecture hours.

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

NOTE: If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

My Course Description:

This course is meant to provide the student with an introduction to various medical issues that may be relevant to sport and exercise medicine.

Learning Outcomes/Schedule:

Upon completion of this course, students will be able to: have an understanding of some selected medical issues that may affect an athlete. This course is NOT a musculoskeletal course.

Topics will include:

Date	Topic	Readings (Posted on OWL)
Wed Jan 6	Course Intro Concussion in sport	
Wed Jan 13	Emergency Sideline Care of the Athlete; Discussion 2 min 2 people 2 slides format	
Wed Jan 20	Travel Medicine	
Wed Jan 27	Thermoregulation	
Wed. Feb 3	Dental, Eye, Face	
Wed Feb 10	Mid-	

NOTE *the course content and scheduling may be modified depending on class need, availability*

Required Course Material/Text:

All required readings will be posted on OWL.

Optional:

Text Book
ISBN-9781743761380

-Hill.

Course Evaluation:

Assignments are due as stated in the course syllabus and will not be accepted late, except under medical or other compassionate circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. A missed mid-term examination, without appropriate documentation will result in a zero (0) grade. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents, illness or death) or similar circumstances.

Course/University Policies

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9. **Classroom Behaviour:** Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. Please keep all electronic devices on silent and avoid distracting classmates.

10. **Online Etiquette:** Some components of this course will involve online interactions. To ensure the best experience for both you and your classmates, please honour the following rules of etiquette:

please use your computer and/or laptop if possible (as opposed to a cell phone or tablet)
ensure that you are in a private location to protect the confidentiality of discussions in the event that a class discussion deals with sensitive or personal material
to minimize background noise, kindly mute your microphone for the entire class until you are invited to speak, unless directed otherwise
[suggested for classes larger than 30 students] In order to give us optimum bandwidth and web quality, please turn off your video camera for the entire class unless you are invited to speak
[suggested for cases where video is used] please be prepared to turn your video camera off unless invited by your instructor, do **not** share your screen in the meeting

The course instructor will act as moderator for the class and will deal with any questions from participants. To participate please consider the following:

acknowledge
you before beginning your comment or question
remember to unmute your microphone and turn on your video camera before speaking
self-identify when speaking.
remember to mute your mic and turn off your video camera after speaking (unless directed otherwise)

Keep in mind the different cultural and linguistic backgrounds of the students in the course.

Be courteous toward the instructor, your colleagues, and authors whose work y 2/Lang (en-US)BDC q0.000