

Western University  
Faculty of Health Sciences

1. To develop

Week 4	Team assignment	Group exercise class	Group exercise modalities Yoga
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		Reflections will be <b>randomly marked for completion and content twice</b> during the semester (once prior to Oct. 31 <sup>st</sup> and once prior to the final exam period, each worth 5%).	student delivered exercise class. a) Sept. 16 <sup>th</sup> - Oct. 31 <sup>st</sup> (5%) b) Oct. 31 <sup>st</sup> – Nov. 29 <sup>th</sup> (5%)
Independent field experience assignment/reflections	30% (10% each)	Students will be required to attend a minimum of 3 fitness classes (one per month). Students will write a short 250 word personal reflection on their fitness class experience.	a) September 30 <sup>th</sup> (10%) b) October 31 <sup>st</sup> (10%) c) November 30 <sup>th</sup> (10%)
Assignment: exercise class plan	10%	In teams, students will be required to <i>plan</i> an exercise class that they will ultimately deliver to the class during lab time.	Oct. 25 <sup>th</sup>
Presentation: exercise class delivery	20%	Teams will deliver a 30 min exercise class scheduled during lab time.  Note: Individual grades will be adjusted based on team citizenship (e.g., where work is shared equally among team members, the adjustment factor will be 0). Peer evaluation will take place the first week of October (not incorporated into final mark) and after the team presentation (incorporated into presentation mark).	During labs Nov. 18 <sup>th</sup> - 29 <sup>th</sup>
Final exam	30%	Comprehensive exam based on all material covered in the course. Multiple choice, true or false, short answer, and case study.	TBD – during final exam period (Dec. 9-20)

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com <http://www.turnitin.com>

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

### 3. **Electronic Device Usage:**

**During Exams** - Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, quizzes, midterms, examinations, or other in-class evaluations: cellphones, smart phones, smart watches, smart glasses, audio players or recorders of any sort, video cameras, video games, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

**During Lectures and Tutorials:** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. Please be respectful to your fellow students and turn the sound off. If the prof



A+	90-100	<i>One could scarcely expect better from a student at this level</i>
A	80-89	<i>Superior work that is clearly above average</i>
B	70-79	<i>Good work, meeting all requirements and eminently</i>
C	60-69	<i>Competent work, meeting requirements</i>
D	50-59	<i>Fair work, minimally acceptable.</i>
F	below 50	<i>Fail</i>

**Rounding of Grades** (for example, bumping a 79 to 80%):

This is a practice some students request. **This practice will not occur here.** The edges of this course are clear and sharp. The mark attained is the mark you achieved and the mark assigned; there is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

8. **Classroom Behaviour:** Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. Please keep all electronic devices on silent and avoid distracting classmates.

9. **Student Code of Conduct**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that cona612 792 reW\*612 792 re(beh