

Pre-requisites: Kin 3336A/B

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course. Lack of a pre-requisite or the completion of an anti-requisite

Date	Topic	Chapter
Oct 9-13	Thanksgiving and Fall Reading Week	
Oct 17	AROM and Flexibility practical session Testing	
Oct 19	AROM and Flexibility practical session Testing	
Oct 24	Lecture 7 Muscle Strength & Endurance Principles-	
Oct 26		

