

5. Doubles – working as a team/formations/positioning
6. Lines of the court/discipline of rules/scoring
7. Games-movement and court coverage/offence/defence
8. Drills – feeding balls, consistency/practice/play

Theory:

1. Philosophy - the sport, etiquette, the competition O.T.A, Tennis Canada, ATP, WTA
2. History - Grand Slams, surfaces, former champions, business of tennis
3. Biomechanics/Motor Learning-spin, racquets and string, stroke production
4. Progression of a Player-styles of play
5. Physical Fitness
6. Mental Aspects of Competition-strategies (psychology)
7. Tournaments-draw sizes etc., organization
8. Trends in Tennis-injuries and fatigue, terminology
9. Canadian Tennis-limitations, expectations, sport development and growth

Expectation of Students:

Attendance is mandatory. Bring a great, energetic attitude with emphasis on enjoying and learning an amazing sport that can be enjoyed for a lifetime at any age!

Coaching/Evaluation:

50% - Complete 4 performance tests as follows:

Forehand technique and accuracy
Backhand technique and accuracy
Serve technique and accuracy
Volley technique and accuracy

10% - Participation – tennis etiquette, attendance

10% - Assignment (Playing Matches)

Each student must play 2 matches

- a) 1 Singles Match
- b) 1 Doubles Match
- c) A written report to be handed in and evaluated
- d) Win/loss record will not count towards your mark

30% - Final Exam
Complete a written test on the material presented in class

Readings: Tennis Activity Manual

Bonus: Special membership rates will be available for Kinesiology students participating in the 12 week class to be able to play extra tennis and use the tennis bubble facility.

Course/University Policies

1. **Lateness/Absences:** Assignments are due as per the instructor and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination, if applicable without appropriate documentation will result in a zero (0) grade.

2. **Written documentation:** Students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with the professor and Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate Academic Counselling office of the student's Faculty/School of registration (ex. KIN students ~ KIN Undergraduate Office), not to the instructor, with a request for relief specifying the nature of the accommodation being requested. In the event of a medical request, the documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for ALL such accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.
See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

3. **Grades**

