

# Course Outline Introduction to Counselling

NB. This is a provisional syllabus. Please check the course website for the final syllabus.

## General Information

Course #: 2235

Section #: 002

Term:

Additional required materials will be posted on the course website (e.g., Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022)). *Intentional interviewing and counselling: Facilitating client development in a multicultural society*. Belmont, CA: Brooks/Cole.).

### Optional Course Materials

The course requires all assignments to be in the APA style 7<sup>th</sup> edition. Please use:

American Psychological Association (2020). *Publication Manual of the American Psychological Association* (7<sup>th</sup> ed.). Author.

### Learning Outcomes

By the end of this course, students will be able to:

1. Generate a definition of counselling that incorporates key concepts from the counselling literature, distinguishing between counselling and psychotherapy.
2. - approach to counselling through critical reflection and articulation of worldview.
- 3.



Formation, characteristics, and personal and professional practices of an effective counsellor  
Topic will be covered in the order listed

Weekly Organizer:

Class/Week	Date	Description	Assignments and/or Readings Due
		e.g., topic, content, associated readings, activities.	
1		Introduction + Personal and Professional Aspects of Counselling	Gladding (2018) Chapter 1
2			





Unless explicitly noted otherwise, you may not make audio or video recordings of lectures nor may you

When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should request (in writing) any necessary academic considerations at least two weeks prior to the holiday to the academic advisors in their Home Department. Additional information is provided in the [Western Multicultural Calendar](#).

Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact [Accessibility A0.59\(ct\)JTJET@0.00009](#)





circumstances that contributed to your situation. The Office of the Ombudsperson has extensive information available on their website (<https://uwo.ca/ombuds/get-help.html>) related to academic appeals.