

Course Outline– Food and Nutritional Policies & Regulations

General Information

Course #9111B
Section #:
Term: Winter
Year: 2024/25
Delivery: in-person

Instructor Information

Name:
E-mail:
Telephone number for office appointments:

Lab or Tutorial Instructor Information

Name:
E-mail:
Telephone number for office appointments

Course Description

The course is designed to provide advanced study of the Food and Nutritional Policies and regulations topical/current issues in nutrition, food science, and technology in health and disease.

Course Materials

For the course, assigned reading material, journal articles, and access to specific reports will be available in the Weldon Library or posted on Brightspace

Learning Outcomes

Successful completion of this course contributes to the acquisition of the Brescia Competencies of Communication, Critical Thinking, Inquiry and Analysis, and Problem Solving.

Students will be able to:

- 1) Discuss, at an advanced level, Canada's Food Guide; Canada's Dietary Guidelines; changes and proposed changes to Food Labelling (including the Nutrition Facts table, Ingredients List, Various Claims on foods, Front-of-Package labelling); Food legislation Re: Vitamin D and Sodium in health and disease; Functional Food Claims and Regulations; Regulations for Pre and Pro Biotics in foods; Dietary and Herbal Supplement Regulations; Food Fortification and Food Additive Regulations; Food Nano Technology Regulation

The documentation should include what tool(s) were used, how they were used, and how they were incorporated into the submitted work.

Evaluation

- Group/Individual Presentations 60%
Students will work individually or in groups, if applicable
Students will be assigned topics and presentation dates on the first day of class
 - Presentation on Herbal Supplements/Current Issue 20%
Each individual /group will prepare and present one resource
Handout/infographic during Weeks 12 and 13
 - Peer Evaluation 10%
Students will earn marks by actively and accurately evaluating their peers and providing feedback to improve presentations
 - Class Participation 10%
Students will earn marks by actively engaging in class discussions by making comments and/or asking questions
- 100%

For exams held during the December and April examination periods there is a single common date during the first week of January for December exams and the first week of May for April exams for students eligible to write a special examination. The specific dates during those weeks will be available from the Registrar's Office or the Hive.

Course Content

Weeks 1-3 Introduction: Course Outline, Slide Deck and Project References, Resources for presentations; Case studies, Nutrition Facts Table, and Ingredients List, Towards Front of Package Labelling, Supplemented Foods; Mandatory and Voluntary Food Fortification.

Weeks 4-8

conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>

Statement on Academic Offences

Scholastic offences are taken seriously, and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_grad.pdf

Additionally,

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Use of Artificial Intelligence for the Completion of Course Work

Within this course, you may only use artificial intelligence tools (e.g., “ChatGPT”) in ways that are specifically authorized by the course instructor. All submitted work must reflect your own thoughts and independent written work.

Accessible Education Western (AEW)

Western is committed to achieving barrier-free accessibility for all its members, including graduate students. As part of this commitment, Western provides a variety of services devoted to promoting, advocating, and accommodating persons with disabilities in their respective graduate program.

Graduate students with disabilities (for example, chronic illnesses, mental health conditions, mobility impairments) are strongly encouraged to register with Accessible Education Western (AEW), a confidential service designed to support graduate and undergraduate students through their academic program. With the appropriate documentation, the student will work with both AEW and their graduate programs (normally their Graduate Chair and/or Course instructor) to ensure that appropriate academic accommodations requirements are arranged. These accommodations include individual counselling, alternative formatted literature, accessible campus transportation, learning strategy instruction, writing exams and assistive technology instruction